



# 3 days in Uluru



Field of Light  
Tourism NT/Laura Bell



Cycling at Uluru  
Tourism NT/Laura Bell

With three days visitors can experience the serenity and majesty of Uluru, discover the beauty of Kata Tjuta and its magnificent panoramic views, and learn about the area's significance to the local Anangu people.

See Australia's most iconic landmark from every angle – by foot, camel, bicycle or from the air. No matter which is chosen, the view of Uluru will not disappoint, particularly at sunrise or sunset.

## DAY ONE

### Start the journey at the Uluru-Kata Tjuta Cultural Centre

The **Uluru-Kata Tjuta Cultural Centre** is a great place to start your exploration of Uluru-Kata Tjuta National Park. At the centre there's information about activities in the park as well as an introduction to Anangu culture.

The Anangu people are Uluru's traditional custodians and have lived in the area for at least 22,000 years. At the centre visitors can purchase Anangu art, watch craft demonstrations, or join a bush tucker session and guided walk.

### See Uluru from every angle or take a guided walk

There are many ways to see Uluru. Check out the **Mala Walk**, which is wheelchair-friendly, and takes you to the caves of the Mala people and to the sacred Kantju Gorge, a quiet waterhole at the base of a dramatic rock face. Only 90 minutes (return), along the way you'll also see examples of Anangu rock art and learn about their creation beliefs.

The best way to experience Uluru is with a walking tour led by an Aboriginal guide.

### Take the plunge or go on an adventure ride

If you're feeling particularly adventurous, take to the skies on a skydive with **SkyDive Uluru** to see the incredible size and features of Australia's most famous natural landmark. Soak up the panoramic views and take plenty of photos on a scenic flight with **Ayers Rock Scenic Flights** or **Uluru Scenic Helicopter Tours**.

For those who want to keep their feet firmly on the ground, join a dot painting workshop with **Maruku Arts** to learn about traditional art and symbols, and create and take your artwork home.

### Free activities

There are many **free activities** to help visitors get the most out of their Uluru visit. Ayers Rock Resort has a range of free activities suitable for families including didgeridoo workshops, bush food experiences, garden walks, Aboriginal story telling and more.

Join the **park rangers** to learn more about the natural and cultural heritage of Uluru-Kata Tjuta. From guided walks to bush tucker talks, there's plenty to make a visit all the more memorable. All ranger-guided activities are free for park visitors.



**Uluru Camel Tours**  
Tourism NT/Jesse Lindemann



**Sounds of Silence**  
Tourism NT/Shana McNaught



**Night Sky over Kata-Tjuta**  
Tourism NT/Luke Tscharke

## Settle in at Ayers Rock Resort

Places to stay are all within the **Ayers Rock Resort**. Choose from self-contained apartments, hotels, a five-star luxury wilderness camp, backpacker rooms or a campground with sites and cabins. Try a new dining option every night, such as the open-air barbecue where you can buy and cook your own steak.

## DAY TWO

### Desert camel trek

See the desert scenery from a camel with **Uluru Camel Tours** for a unique perspective. Climb aboard for a quiet, leisurely walk and view the surrounding area from six feet up.

Explore the large red sand dunes in the cool, clear morning and watch the sun rise over Uluru. The guides will point out the desert flora and fauna along the trail.

### Circumnavigate Uluru by foot, bike or segway

Take a stroll around Uluru with **SEIT Outback Tours**, hire a bike near the Cultural Centre or a segway from **Uluru Segway Tours**, and circumnavigate Uluru on the 10.6 kilometre base walk, which is

dotted with interpretive displays. It's a great way to see the many springs, waterholes, rock art caves and ancient paintings at Uluru's base.

### Enjoy a unique dinner under the stars

Make dinner memorable; **Sounds of Silence** is a special dining experience that starts on a sand dune with a glass of sparkling wine and canapés, and continues with a 360-degree view of the sun setting over Uluru and the domes of Kata Tjuta.

Enjoy your next course, a gourmet barbecue of barramundi, kangaroo, crocodile, bush salads and classic desserts, complemented by Australian wines and followed by an Aboriginal dance performance. Coffee and tea is served with an explanation of the night sky, guided by the resident 'star talker'.

## DAY THREE

### Head to Kata Tjuta

Nearby is **Kata Tjuta** (the Olgas), meaning many heads, a series of enormous rock domes that date back 500 million years. Start the morning early with a drive to the Kata Tjuta dune viewing area.

Only a short walk from the carpark is a relaxing place to sit and absorb the ever-changing colours of the landscape and the magnificent panoramic views of the domes.

Guided tours of Kata Tjuta are also available with **SEIT Outback Australia**.

### Explore Kata Tjuta by trail

Continue on the road to Kata Tjuta and find out just how ancient and imposing the domes are by tackling one of the two popular walking tracks.

The **Walpa Gorge Walk** is an easy walk which takes approximately one hour return and follows a stream to a grove of flourishing spearwood.

The famed **Valley of the Winds** walk is a moderately difficult 7.4-kilometre circuit which weaves through the immense domes and treats you to spectacular views over the desert plains from its two lookout points.

### Watch the desert glow with light

Finish off the evening with a **Field of Light** experience. This critically acclaimed art installation of 50,000 spindles of light, by internationally renowned artist Bruce Munro, is a fantasy garden of light, swaying through the desert.

There are many opportunities to enjoy this exquisite experience – from a self-guided walk with a Field of Light Pass to a three-course bush tucker inspired buffet dinner at A Night at Field of Light, which will make the visit to Uluru a memorable one.